

## HistaQuel™

indication	Mast cell stabilization and downregulation	ioi innammation	
dosage	2 caps in the morning and 2 caps in the evening		
packaging	120 vegecaps per container	egecaps per container	
	 Quercetin phytosome <sup>®</sup> (Quercefit <sup>™</sup> )	500 mg	
composition (amount per 4 vegecaps)	Black cumin seed	250 mg	
	Nettle leaf powder	150 mg	
	Perilla frutescens leaf extract	100 mg	
	Luteolin	100 mg	
	Fisetin	50 mg	



