

Magnesium C Complex



indication

Brain fog in ADHD, chronic fatigue, Lyme etc.
Improves concentration and memory.
Improves Neuroplasticity.
Reduces brain excitotoxicity in neuroinflammation or neurodegenerative diseases.

dosage

3 caps per day

packaging

90 vegecaps per container

composition (amount per 3 vegecaps)

Magnesium (as Magnesium threonate)

150 mg

Please find our referenced version on the professional section of our website.
All information is exclusively aimed at and released to an audience of health care professionals.